

# Starcatchers' #WeeInspirations

Have some fun, save your sanity

## BETWEEN THE LINES

### THE BASIC IDEA

Explore what your favourite story book doesn't tell you! Wonder aloud what a character might sound like, or move like, or where they might sleep. How do they dance? Get those imaginations going!

### OVER TO YOU, WEE ONE

Verbal wee ones might like to chat things through first, but using movement gives all children, including those who are pre or nonverbal, a really powerful communication tool. Mirror then gradually exaggerate wee ones movements to let them guide you both physically and verbally.

### CHEEKY BONUSES

- Exploring movement develops balance, spatial awareness and coordination
- Mirroring supports bonding and empathy
- Curiosity, open-mindedness and imagination

### VARIATIONS

- Take your characters on the move! I wonder how Goldilocks gets home from nursery? Watch out for bears as you walk home!
- Try removing the words and tell your favourite story just by the faces you make and the way your body moves

### AND REMEMBER...

Your wee one might make a lot of wild suggestions - ask questions rather than shutting down their ideas, or just embrace the creativity of bringing two contrasting ideas together.



For the podcast episode & video of this Wee Inspiration head to:  
[www.starcatchers.org.uk/episode3](http://www.starcatchers.org.uk/episode3)