

# Starcatchers' #WeeInspirations

Have some fun, save your sanity

## NO PEEKING!

### THE BASIC IDEA

For wee ones (or adults!) who struggle with confidence when mark-making, drawing without looking at your paper can be a great way of getting rid of the idea of your creations having to "look" like something.

### OVER TO YOU, WEE ONE

Try drawing each other's faces without looking down at the paper. This requires a lot of eye contact and looking deeply at the person's face. Once you're finished you can laugh about the weird and wonderful pictures you drew!

### CHEEKY BONUSES

- Encourages confidence in mark-making
- Focussed movements with pens/pencils - fine motor skills and building blocks of writing

### VARIATIONS

- Put together a bag of objects around your house, get your wee one to feel one with their eyes closed and then draw it!
- Make your own "no peeking" box for very little ones by cutting two holes in the side for their arms and putting drawing materials on the other side

### AND REMEMBER...

If your wee one is reluctant to join in, say "I wonder what will happen if I draw without looking!" - embrace the silliness and take the pressure right off. If they're still feeling unsure, look up abstract art, or action painting, online together and praise colours and movement.



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