

Starcatchers' #WeeInspirations

No-fuss creative ideas to engage little ones at home

MixedUp
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SHADOWS

THE BASIC IDEA

In the film, we see lines drawn around people's bodies and added lines, squiggles and other shapes. Use chalk to draw around bodies lying down, or around shadows, to make your own.

OVER TO YOU: MIX IT UP!

Ask your wee one about the shapes people made with their bodies in the film – choose their favourite then use some chalk to draw around them (or their shadow on a sunny day). How do they feel making that shape with their body? Explore different feelings as you chalk.

CHEEKY BONUSES

- Starts discussions about body language, how we can tell if someone feels sad, confident etc. by the way they stand or sit
- Showing feelings with bodies and drawings can sometimes be easier than talking about them

VARIATIONS

- Turn your chalk drawings into an art gallery? Take turns being the tour guide and sharing the “story” behind each drawing – the sillier the better!
- Why did the squiggles and shapes appear in the film? Chat about the possibilities as you chalk

AND REMEMBER...

Encourage your child to make more than one drawing if they want to: we all often need more than one attempt to express what we're trying to get across, whether that's using words, movement or visual art.



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