

# SPIKE!

## Starcatchers' #WeeInspirations

No-fuss creative ideas to engage little ones at home

# DINOSAUR JIGSAW

### THE BASIC IDEA

Can you make your bodies into the shape of different parts of a dinosaur? Try being a tall, strong leg, or a swishy tail, or turn your arms or legs into huge snapping jaws! Use your bodies to build a dinosaur together.

### OVER TO YOU, WEE ONE

Ask “Can you show me how to turn my body into a swishy dinosaur tail?” and go from there – listen to the suggestions your wee one gives you, either through their words or their movements, and have fun moving together.

### CHEEKY BONUSES

- Team work, problem solving
- Stretching our bodies into big shapes can be a good way to explore big movements in fairly small spaces

### VARIATIONS

- Once you have all the different shapes, try moving from being a leg, to a tail, to a head and back again, building a simple dance together
- Once you’ve built a dinosaur, can you move around the room while linked together?

### AND REMEMBER...

There’s no pressure to move like a professional dancer or take things too seriously – this can be great excuse to cuddle and play and celebrate what our bodies can do.