

## BOX BURROWS



### THE BASIC IDEA

Use a big cardboard box, with both ends open, to make a tunnel. Tape, coloured pens or chalk, more boxes or some fabric would be handy extras for extending or decorating inside or out.

### OVER TO YOU, WEE ONE

If your wee one needs an invitation to play, peek through one end and wonder aloud "what's this?" or "I wonder how we could get through?" and see what inspires them.

### CHEEKY BONUSES

- Exploring different ways of moving helps wee one's develop their sense of balance
- Tuning into our bodies so we know how they feel and what they can do

### VARIATIONS

- If you don't have any boxes, make tunnels with the world around you, with your furniture or each other - watch our Tunnels video for tips!
- You can make your tunnel a portal into another world by asking "I wonder" questions like "I wonder where this will take us?"

### AND REMEMBER...

It's not about getting through a tunnel perfectly or gracefully! Some wee ones love crawling or slithering again and again, others crawl inside and love to draw there. When a wee one explores a tunnel, they're doing lots of problem-solving. Watching you trying different solutions is great for them - you're a great role model